

ENCOUNTER

THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another.
 Encounter worship is designed to help you unplug and prepare your heart for recovery.
 Worship is from 6:30-7:15 and groups meet immediately following through 8:30
 Childcare is provided from 6:30-8:30 for birth-10 years

ADDICTIONS

ALCOHOLICS ANONYMOUS Thursdays @ 6pm	FH 131
FAMILIES OF ADDICTS For family or friends of those struggling with alcohol or substance abuse.	WC 245
FORGOTTEN HEARTS Contact forgottenheartse@gmail.com	Upon Request
MEN'S ADDICTION (12 STEP) Christ-centered program for men wanting to overcome addictions & compulsions	WC239
MEN'S SEXUAL ADDICTION (ARC) Contact arcmen911@gmail.com	Upon Request
WIVES OF SEX ADDICTS (ARC WIVES) Contact arcwives@hotmail.com	Upon Request
WOMEN'S ADDICTION & EATING DISORDER For women struggling with Addiction or Eating disorder.	WC236

MARRIAGE & FAMILY

BLENDED FAMILIES Discuss the joys and challenges of a blended family.	WC367
DIVORCE SUPPORT For those struggling with issues from divorce.	FH 118
FAMILIES OF THE INCARCERATED Confide in one another & seek God's answers to the hard questions	Fireside Room
MARRIAGE IN CRISIS (COUPLES/HUSBANDS)	ATLR 202
MARRIAGE IN CRISIS (WIVES) For those struggling in marriage or who are currently separated & seeking reconciliation	WC247
SINGLE MOMS Come for support, encouragement, & guidance as you walk through real life situations.	ATLR 201

WORKSHOP

HIGH INTENSITY EMOTIONS

Managing our emotions can be challenging. Managing the high intensity emotions such as anger, fear, sorrow, jealousy and guilt, can require more tools than we may have. Join us in the conversation of how we can have healthy God-honoring boundaries to these high intensity emotions and how we can process and express those emotions in a safe even healing manner.
 ATCR 209 | 7:15-8:30pm | September 10 - November 19

GRIEF / HEALTH RELATED

ALZHEIMERS CAREGIVERS For caregivers of family members with Alzheimer's. Respite care is also available. *3rd Thursday 1-3pm	Zoom: #93671528604
COPING WITH CANCER This group is for those facing the challenges and struggles of cancer	FH 109
GENERAL GRIEF (EVERY THURSDAY) For anyone dealing with the loss of a loved one. See more specific grief groups below. .	ATCR 200/202
SPECIFIC GRIEF	
1ST THURSDAY Loss of Child, Loss of Spouse	3RD THURSDAY Men's Grief, Women's Grief
2ND THURSDAY Loss of Parent, Loss due to Suicide	4TH THURSDAY Loss due to Substance Abuse

ADVERSITY

ANXIETY Find support & understanding in the midst of anxiety struggles	ATCR 207
CODEPENDENCY A group dealing with boundary issues for families and friends dealing with addiction.	FH 136
DEPRESSION A group for those seeking support and relief from depression.	FH 122
JOURNEY TO FREEDOM Women's Unwanted Same-Sex Attraction. Email: care@secc.org	Upon Request
OVERCOMING ADVERSITY A group for those facing many kinds of obstacles and challenges.	FH 110
TEEN SUPPORT For teens ages 13-17 to come and find support in the difficulties of life	WC 231
WOMEN'S ABUSE Email: mendingheart@live.com	Upon Request

ENCOUNTER

WEEKLY SCHEDULE

MONDAY NIGHTS

ENCOUNTER ONLINE 7PM

ZOOM ID: 174154667

ZOOM LINK: [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)

Anxiety & Depression

Cancer Support

Co-ed Addiction

- Monday • 7:30 p.m. | Zoom ID: 8494259498 | Facebook Page: @TBRMGlobal

Family of Addicts

Grief - Breakout Groups Available

Job Loss Support

Loss of a Child

- First Monday Only
- Overcoming Adversity
Women's Abuse

CRESTWOOD CAMPUS

AA - 6:15pm

Addiction Recovery (Coed) 7:30pm

Family of Addicts 7:30pm

Men's Sexual Accountability 7:30pm

Stillborn, Infant Loss 7:00pm (1st Monday of the month)

SOUTHWEST CAMPUS 7PM

Overcoming Adversity

SHLEBY COUNTY 7PM

Encounter worship at the Brick Room in Shelbyville with Multiple Groups to follow

TUESDAY NIGHTS

IN CAMPUS 6:30PM

Depression Support for Women

Men's Addiction (THRIVE)

Single Moms

Women's Addiction

BB CAMPUS

Cancer Care Connection for women - Fireside Room

- 2nd Tuesday Only, 1PM-3PM

Divorce Care Workshop- ED 211-212

- 6:30-8:30PM | September 15- Decemebr 8

Grief Workshop - ATRC 200

- 6:30-8:30PM | Sept. 8 - Nov. 3

- Curriculum based workshop offering support and tools for those moving forward in their loss. To register email: debbiewhitenky@aol.com.

WEDNESDAY NIGHTS

ET CAMPUS 7PM

Addiction Recovery

Anxiety

Friends & Family of Addicts

Grief

IN CAMPUS 6:30PM

Empowering Women

Families of addicts

THURSDAYS

BB CAMPUS

Moms in Prayer - Thursday 1pm – 3pm - ATRC 204

Alzheimer's Support Group – 3rd Thursday 1pm – 3pm

- Zoom #93671528604

Encounter Worship followed by groups 6:30pm

- See the Encounter THURSDAY Schedule

FRIDAYS

BB CAMPUS 1PM

Chronic Pain and Illness - 4th Friday - Fireside Room

SUNDAYS

BB CAMPUS

Praying for Your Prodigal - 4PM - ATRC 202

Single Dad's Huddle - 9am - WC248

SENSITIVE GROUPS

ARC MEN (Men's Sexual Addiction)

Email: arcmen911@gmail.com

ARC WIVES (Wives of Sex Addicts)

Email: arcwives@hotmail.com

Family and Friends Support – Same Sex Attraction

Email: Familyandfriends920@gmail.com

Forgotten Hearts

Email: forgottenheartse@gmail.com

Groups Support for Special Neds Parents

Email: tyialynn@criticallyloved.org

Facebook Page: @criticallyloved

Journey to freedom (women's unwanted same sex attraction)

Email: Care@secc.org

Women's Abuse

Email: mendingheart@live.com